GLOBAL NCD TARGET
REDUCE PREMATURE DEATHS FROM NCDs

Background

Heart disease and stroke, cancers, diabetes, and chronic respiratory diseases and other noncommunicable diseases (NCDs) cause tens of millions of deaths per year, the majority of which occur during the most productive years of life. NCDs reduce economic output and prevent people around the world from living lives of health and wellbeing. Creating the conditions that favour sustainable development means taking action to prevent and control NCDs **now**.

Nine global NCD targets provide a vision for progress by 2025. The *WHO Global NCD Action Plan 2013-2020* and other resources provide a roadmap of policies and interventions to realise this vision. When implemented, they will put countries on track to meet the commitments made on NCDs at the United Nations General Assembly in 2011 and 2014, and in the *2030 Agenda for Sustainable Development*, including target 3.4 to reduce premature NCD deaths.

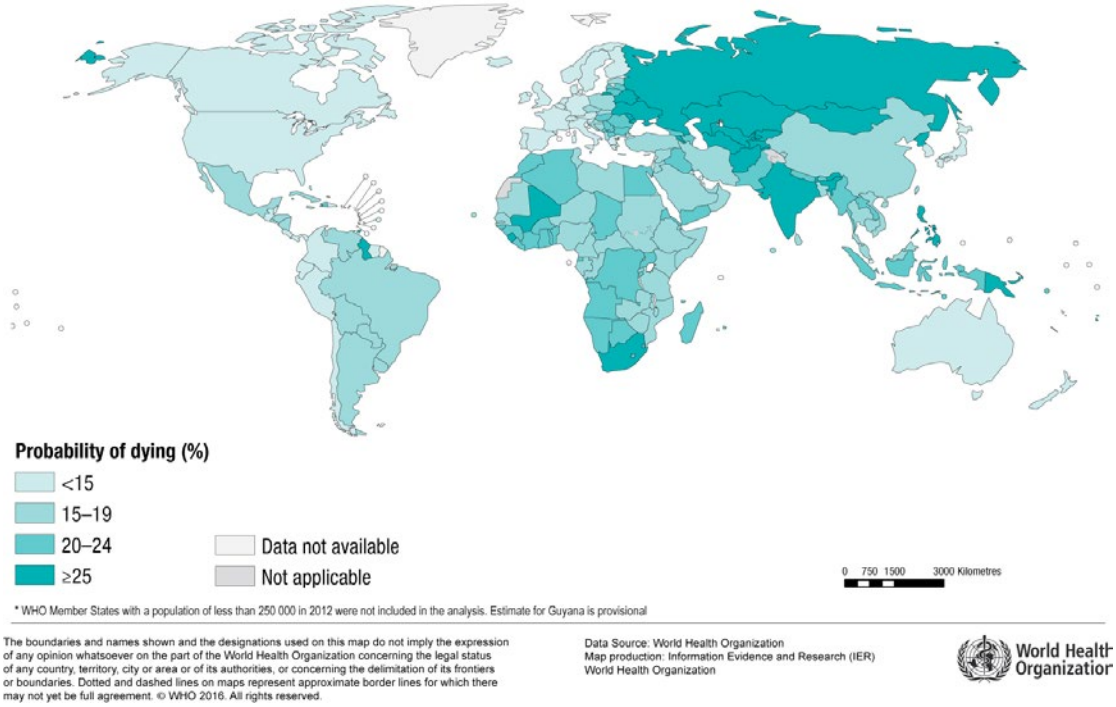
Global Target

A 25% relative reduction in overall mortality from cardiovascular diseases, cancer, diabetes, or chronic respiratory diseases by 2025.

Fast Facts

- NCDs such as cardiovascular diseases, cancer, chronic respiratory diseases, and diabetes are responsible for 38 million deaths a year – more than all other causes combined.
- Deaths from NCDs have increased worldwide and in every region since 2000.
- 42% of all NCD deaths occur before the age of 70 years.
- Cumulative economic losses due to NCDs in low - and middle-income countries between 2011–2025 will be an estimated US$ 7 trillion if no action is taken.

Preventing premature deaths and disability from NCDs is possible, cost-effective, and necessary for human development.



*NCD deaths – probability of dying between 30 and 70 years from one of the 4 main NCDs, %, 2012**

Priority Actions

Meeting this target is possible if action is taken now to address all NCDs and their risk factors. Partnerships between government and civil society will be key to supporting policy implementation. Here are ten actions to drive progress in countries and reduce premature deaths from NCDs by 2025:

- Elevate the inclusion of **NCDs in national strategic health plans** by obtaining explicit **high-level, head-of-state commitments** to institute and strengthen national NCD work.
- Develop a national **multisectoral NCD action plan**.
- Establish **high-level multisectoral mechanisms** that facilitate and endorse the prevention and control of NCDs.
- Set **national NCD targets** that are consistent with the nine global voluntary targets, account for national risk factors and mortality, and work within established national systems.
- Create and strengthen integrated **national surveillance systems for NCDs**, including vital registration systems capable of reporting cause of death, cancer registries, and risk factor monitoring.
- Finance and implement the very **cost-effective interventions** for each voluntary target at the national level, according to country needs and priorities.
- **Strengthen the health system** at all levels, emphasizing primary care, and define and finance a national set of NCD services, interventions, and health promotion focusing on prevention, early detection, curative, rehabilitative, and palliative cares.
- **Protect the implementation of public health policies** for NCD prevention and control from interference by vested interests through comprehensive legislation and enforcement of national laws and regulations.
- Strengthen the training of **health workforces** and the scientific basis for decision-making through NCD-related **research and partnerships.**
- Mobilize and track **domestic and external resources** for NCD prevention and control, including through innovative financing mechanisms.

Tweet!

Did you know: Reducing deaths from **#NCDs** by 25% by 2025 will save 37 million lives? Take action to **#beatNCDs**

For more information

WHO site: http://www.who.int/beat-ncds/en/
Tell your story at "NCDs&me": http://www.who.int/ncds-and-me
@who
#beatNCDs

Key Resources

Global action plan for the prevention and control of noncommunicable diseases 2013–2020. WHO, 2013.
http://apps.who.int/iris/bitstream/10665/94384/1/9789241506236_eng.pdf

Global status report on noncommunicable diseases 2014. WHO, 2014.
http://apps.who.int/iris/bitstream/10665/148114/1/9789241564854_eng.pdf?ua=1

Noncommunicable Diseases Progress Monitor 2015. WHO, 2015.
http://apps.who.int/iris/bitstream/10665/184688/1/9789241509459_eng.pdf?ua=1

NCD Data Finder app. WHO.
https://goo.gl/RQTbUU https://goo.gl/RxMvlF

© World Health Organization 2016. All rights reserved. All reasonable precautions have been taken by the World Health Organization to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the materials lies with the reader. In no event shall the World Health Organization be liable for damages arising from its use.

WHO/NMH/NMA/16.189
September 2016